

BOARD OF REGISTERED POLYSOMNOGRAPHIC TECHNOLOGISTS



Sleep Technician Training by *Sleep Medicine Associates*

## Course Description



This 80 hour course fulfills the educational portion that is required prior to sitting for the BRPT board exam. We will cover all required topics that will prepare you to both pass the board exam and become a successful Sleep Technologist. You will learn the history of Sleep Medicine including the equipment used, the disorders treated, and solutions available to treat those with various sleep disorders. This course will include a complete hands on education that will prepare

you to admit and set-up a patient for their sleep study in the lab. You will learn how to both monitor a patient during a Polysomnographic diagnostic study and titrate a patient during a solution based sleep study. Because we are an approved teaching sleep lab, we also have the advantage and opportunity to allow all of our students to spend quality time learning during live sleep studies. Shadowing board certified sleep technicians during live studies will allow you to connect the dots from the classroom to the real work that you will be doing.



### PSG Procedures

In the STAR training course you will learn diagnostic, titration, MSLT and MWT procedures. You will learn how to perform each procedure and how to interact and educate the patient during the process.



### Data Collection

Ensuring clean data collection is an important role a sleep tech has. You will be taught how to record, document, store and transfer data, so that scorers and physicians can use your data to interpret sleep disorders.



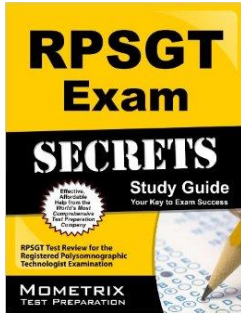
### Course Dates

See website for specific dates or call 775-359-6060

# Course Preparation

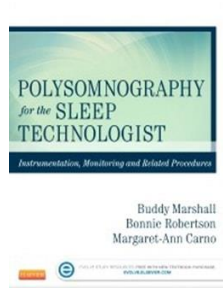
Listed below are wonderful resources that will aid you in your journey to becoming a RPSGT.

## RPSGT Exam Secrets



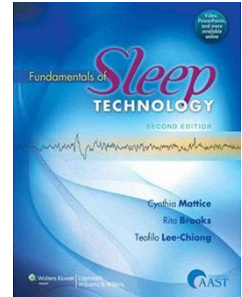
This book covers everything from the basics of sleep technology to the details of each sleep disorder. If you need a book to prep you for the RPSGT exam this is a book for you.

## Polysomnography for the Sleep Technologist



We use this as our text book for the course and is included in the cost of the course. It covers the essentials for sleep technology.

## Fundamentals of Sleep Technology



This is a commonly known book in the sleep tech world. Because it has so much in-depth information it is a great resource when looking for any sleep related topic

## Pricing

BASIC FOCUSED  
ONLINE & CLASSROOM

**\$3000**

/FOCUSED PROGRAM

This provides you with the classroom and the on-line requirements necessary to sit for the BRPT board certification test. Includes hands-on training to prepare you to enter the workplace as a trainee.

EXTENDED FOCUSED  
ONLINE & CLASSROOM

**\$3500**

/FOCUSED + CPR + CECS

Coming Soon

SELF-STUDY  
ONLINE

**\$700**

/SELF-STUDY PROGRAM

This provides you with the on-line requirements necessary to sit for the BRPT board certification test.

FOCUSED 2  
CLASSROOM ONLY

**\$2500**

/FOCUSED PROGRAM

This provides you with the classroom requirements necessary to sit for the BRPT board certification test.

Apply for your **sleep tech training** today!

Go to [www.mysleeptraining.com](http://www.mysleeptraining.com)